

Marshmallow Fudge

Submitted by Erin Riley

Ingredients

1 1/3 C semisweet chocolate chips
2/3 C fat-free sweetened condensed milk
1 tsp vanilla extract
1 1/3 C miniature marshmallows
2 whole reduced fat graham crackers, broken into bite sized pieces

Directions:

- Line an 8" square pan w/ foil and coat with cooking spray; set aside
- In a heavy saucepan over low heat, melt chocolate chips with milk; stir until smooth
- Remove from the heat; cool 2 minutes
- Stir in vanilla
- Fold in the marshmallows and graham crackers
- Pour into prepared pan
- Refrigerate one hour or until firm

Amount Per Serving	
Calories	57.5
Total Fat	2 g
Saturated Fat	1.1 g
Polyunsaturated Fat	0.1 g
Monounsaturated Fat	0.6 g
Cholesterol	0.7 mg
Sodium	14.3 mg
Total Carbohydrate	10 g
Protein	0.8 g